World Population Day Celebration, 2020 edition

International Youth Day Celebration

Training on the key elements of remote management of gender-based violence during COVID-19.
Réaliser un monde où chaque grossesse est désirée, chaque accouchement est sans danger et le potentiel de chaque jeune est accompli.

UNFPA

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is the theme of World Population Day 2020, celebrated every July 11th. In Burundi, this day was celebrated in Muramvya Province, on Friday, July 17, 2020, under the High Patronage of Her Excellency the First Lady of Burundi, Mrs. Angeline Ndayishimiye Ndayubaha.

The celebration itself was opened with a visit to the handicapped Kiganda center. Dignity Kits were offered to 32 girls under 24 years old while 60 school kits were given to 32 girls and 28 boys. In addition, the center as well received from the First Lady 400 kg of beans, 100 boxes of hand washing soap and loincloths. An intense joy after this charitable act was manifested by these young people living with disabilities and their leaders.

After the visit to this center for the handicapped, the delegation went to the Kiganda (Muramvya) hospital, precisely to its maternity ward to visit women who have given birth. This was an opportunity to advise and encourage nurses but also to the women who gave birth for the promotion of family planning immediately after delivery, before leaving the maternity ward, in order to avoid unplanned close pregnancies. It was also an opportunity to donate dignity kits, sheets and soaps, kits for the mother-child couple also kits to protect nurses against Covid 19 and women seeking reproductive health services.
In her speech, HE the First Lady recalled that health in general and the fight against coronavirus in particular is among the 5 national priorities. In order to eradicate this pandemic, the population must respect the prevention measures. The theme of World Population Day complements the theme of the campaign to fight Covid 19 launched by the Government which is:

She also mentioned that the figures from health facilities show the number of women coming for prenatal consultations but also the number of users of family planning services has decreased due to the fear of Covid 19. This could hinder ongoing progress already made in family planning and in the reduction of maternal mortality, but it could thereby compromise the achievement of the Sustainable Development Goals (SDGs).

It was also an opportunity to launch a strong appeal to women, girls and the entire population to ensure the continuity of health services in general and reproductive health in particular, during and after Covid 19. HE The First Lady of Burundi did not forget to advise young people on vacation to respect the preventive measures of Covid 19. Young people must be agents of change.

Finally, she called on all actors to act in synergy to face the demographic challenges that may compromise the Government’s efforts.
For the Public Health and the Fight against AIDS Minister, Dr. Thaddée Ndikumana, he focused on compliance with the preventive measures to fight COVID 19.

He asked the population to consult the health facilities in case of concerns. Taking the floor, the Minister of National Solidarity, Social Affairs, Human Rights and Gender, Ms. Immelde Sabushimike, also had the opportunity to thank the organizers of the World Day Celebration and who thought of the vulnerable because no one should be left out to achieve the Sustainable Development Goals (SDGs).

She went back on the alarming figures concerning gender-based violence:

"One woman in three would be a victim of physical or sexual violence during her life. We must do everything possible to eradicate this and protect their sexual and reproductive health, especially in this particularly difficult period of the pandemic," said Mrs Sabushimike.

As for the UNFPA Resident Representative in Burundi, Dr. Richmond Tiémoko, he also recalled the COVID-19 crisis has serious repercussions on individuals, communities and economies around the world. But not everyone is affected in the same way and, as so often observed, it is women and girls who tend to suffer the most. Covid-19 will certainly have an impact on both international and national efforts to achieve the "three zeros" by 2030, which are at the heart of UNFPA’s mandate:
Access to sexual and reproductive health services is a right; pandemics do not stop pregnancies or births and do not in any way justify the violation of fundamental rights.

For example, UNFPA estimates that the pandemic is expected to reduce international progress in ending gender-based violence by at least one-third during this decade. Furthermore, if mobility continues to be restricted for at least another six months, with the considerable disruption this will cause to health systems, more than 47 million women living in low and middle-income countries risk being deprived of modern contraceptives a shortage that could lead to 7 million unintended pregnancies. In addition, as part of the response to Covid-19,

UNFPA in synergy with other technical and financial partners is using the National Contingency Plan to respond to the effects of Covid-19. During and after the COVID-19 pandemic, the need for family planning will remain the same. For most women, family planning is an essential basic health care.

The UNFPA Resident Representative did not forget to emphasize on taking into account the specific needs of girls, boys, women and men with disabilities when implementing prevention strategies, including putting in place additional handwashing guidelines for people with disabilities who cannot wash their hands often, who live alone, or who do not have access to an adequate water source for hygiene.

He warmly thanked HE the First Lady for her commitment to equality and the promotion of rights, in particular Family Planning in Burundi and the fight against Obstetric Fistula. Dr. Tiémoko concluded his message by recalling the very engaging words of the Executive Director of UNFPA who said,

"Together, let's slow the spread of COVID-19 and protect the health and rights of women and girls now!"

The celebration ended with the donation of loincloths and soaps to the most vulnerable women.
On Friday, August 14, 2020, a campaign to repair obstetric fistula was launched by **HE the First Lady of Burundi, Mrs. Angeline Ndayishimiye Ndayubaha.**

This campaign organized by the Ministry in charge of Public Health in collaboration with UNFPA - the United Nations Population Fund had as its theme:

**OBSTETRIC FISTULA IS PREVENTABLE, TREATABLE AND CURABLE**

The launch of this campaign took place at the Urumuri Center in Gitega province.

The ceremonies began with a visit by the First Lady of Burundi to this center, the only center treating obstetric fistula in Burundi. She took the opportunity to make donations to the women there. The Urumuri Center also received a donation from the First Lady, which will facilitate the care and assistance of fistula patients at the center.
Women suffering from obstetric fistula are often condemned to isolation, stigmatization and abandonment by their loved ones,

said the First Lady of Burundi

Marguerite Sinzobakwira confirms this through her testimony. She lived for 40 years suffering from obstetric fistula and rejected by all.

“I have always experienced rejection because of obstetric fistula. For 40 years, I did not go to church, not because I did not want to pray, but just because of the smells I gave off and no one would stay by my side. For 40 years I went to fetch water after others. When I passed in the street, everyone would run away from me because I smelled bad, I praise the Lord for my healing,”

Marguerite shares.

She did not fail to point out that she has become a pioneer in her community, going to sensitize those who suffer from this disease to tell them that it is treatable, while sharing her testimony with them.

“I had become like a curse in my neighborhood, I will not let anyone I know suffering what I had to suffer,”

concludes Marguerite Sinzobakwira while thanking the medical staff of the Urumuri center and all those who support the center.

40 years of obstetric fistula, 40 years of isolation, 40 years of tears and life in the backyard. Marguerite Sinzobakwira shares her testimony about her healing and regained dignity.
Another 17-year-old girl shared her testimony. She had an early pregnancy at the age of 15, her family not only rejected her, but also the author of her pregnancy did not recognize it.

When she went to give birth she suffered from obstetric fistula and for the past 2 years she has been rejected by everyone. She is at the urumuri center hoping for her recovery. She took time for a vibrant appeal to all the young girls, asking them to be more careful and avoid early pregnancies because it could harm their future and fulfillment, they could even suffer from obstetric fistula because of their early pregnancies. In fact, among the women already treated at the Urumuri center, 25% are under 25 years old; which shows the importance of fighting early marriages and maternity.

For Dr. Richmond Tiémoko, UNFPA Resident Representative, the prevention of obstetric fistula requires a special attention, especially access of obstetric care and family planning services to fight early marriage and motherhood.

He also promised UNFPA will continue to strengthen the technical platform of health facilities to improve access and use of emergency obstetric and neonatal care and family planning services in order to achieve the “three zeros” by 2030, which are at the heart of UNFPA’s mandate: zero unmet need for family planning, zero preventable maternal deaths, and zero cases of gender-based violence and harmful practices.

“Indeed, prevention is better than cure,” says the UNFPA Resident Representative.
The First Lady of Burundi reiterated that obstetric fistula is a humiliating and isolating disease. Affected by this disease, women can live with this social injustice for years.

**Ms. Angéline Ndayishimiye Ndayubaha** urged all women to go directly to the hospital when they see the first signs of the disease. In addition, she urged them to seek antenatal care, to give birth in health facilities and to practice family planning. At the same time, the First Lady of Burundi called on health facility staff and “light mothers” to take the lead in this campaign to travel up and down the hills and valleys to find women suffering from obstetric fistula and tell them that it is treatable and curable.

“We must also raise awareness about this disease in the communities and spouses of the victims to break the quarantine of these women, hence the name of the backyard disease,”

said the First Lady.
In her declaration of the International Day for the Prevention of Obstetric Fistula, which is celebrated annually on May 23rd, UNFPA Executive Director Dr. Natalia Kanem said that in terms of human rights, the persistence of obstetric fistula is a tragedy but hope persists.

Many women around the world are contributing to efforts to prevent and eliminate obstetric fistula.

The 2020 Fistula Campaign launched by the First Lady of Burundi covered the months of August and September 2020.

This is the national theme in Burundi of the International Youth Day which was celebrated on Wednesday, August 12, 2020, in the province of Gitega, the political capital. Indeed, this day was organized by the Ministry in charge of Youth in collaboration with UNFPA, UNICEF and Care Burundi and this, under the high patronage of HE the Prime Minister of the Republic.

Young people from all the Provinces of Burundi from different political parties, National Youth Council at all levels, Religious Confessions and youth centers participated in this International Day dedicated to them.

The UNFPA Resident Representative, Dr. Richmond Tiémoko, spoke on behalf of the United Nations System. He recognized the efforts already made by Burundi in favor of youth while welcoming the fact that in Burundi youth are a real priority for the Government.
The Minister in charge of Youth, Ambassador Ezechiel Nibigira indicated International Youth Day comes at a time when the Government of Burundi has taken in its hands the questions that haunt Burundian youth. He then called on Burundian youth to come together in cooperatives on their hills of origin to achieve effective development.

The Prime Minister of Burundi, Alain Guillaume Bunyoni, suggested young people should create economic groups of young people in solidarity of 30 to 50 people so that the Government could easily help them.

He also called on all the youth to be diligent, voluntary, wise and have the necessary energy to carry out their projects. He took the opportunity to share with them his own experience and his journey to motivate them not to be easily discouraged and to remain persevering in the face of life's difficulties and obstacles.

Prime Minister Alain Guillaume Bunyoni took this opportunity to inform the youth that agents of Youth Ministry will make raids in all provinces of the country to see the results of the establishment of youth groups. A 2-month deadline for the establishment of these youth groups has been given.

The Day was closed by a sensitization and moralization session led by the Minister in charge of Youth with the aim of encouraging the young people present to believe in themselves and in their capacities to develop themselves and the country.

On Friday, August 14, 2020, still within the framework of the youth celebration, the solidarity groups of the socio-community networks of Mutakura and Kamenge in the Bujumbura town hall played a friendly football match and information on Adolescent and Youth Sexual Reproductive Health and entrepreneurship was transmitted to the youth and spectators who were present.
To ensure rights and well-being of students and consequently their success at school, the United Nations Population Fund, UNFPA, through the joint program to improve sexual and reproductive health of adolescents and young people, Menyumenyeshe, in collaboration with the office of the provincial director of education in Bujumbura’s city hall and young volunteers from the socio-community networks of Mutakura and Kamenge, took advantage of the students’ vacations to organize a mass sensitization. The students produced sensitization tools such as scenes, drawings etc. The presentations were made on the days of the proclamation of the students’ grades in the presence of their parents. Students and parents received a package of messages to use during the summer vacations.

Marie Nshimirimana, is a 16-year-old girl, a student at ECOFO Cibitoke III. She shares her experience with us:

"We gave clear messages through the skits on the prevention of unwanted and early pregnancies to the peers in the presence of the parents. We also drew the audience’s attention to the signs of prevention and the response to Covid-19.

As for Ciella Inkunde, 15 years old, she tells us she greatly appreciated the participation of parents during this sensitization session since sexuality in Burundi is a taboo subject.

"It was a golden opportunity to talk aloud about everything related to sexual and reproductive health to provoke communication with our parents. This kind of session should be done as often as possible so that we have clear information on reproductive health as we enter the vacation season.

I very much appreciated the parents’ participation in this awareness session because it is a taboo subject between parents and children. It will provoke dialogue between them," says Ciella Inkunde.
After a mass sensitization that went well, UNFPA did not stop there. To address the issue of adolescent and youth rights and health, an exchange session was organized between youth and adults in the neighborhoods of both Mutakura and Kamenge, including religious leaders, neighborhood chiefs and parents on the health of youth and the surrounding community.

**André Ellis Uwimana**, one of the peer educators who is a member of a solidarity group, testifies:

> With this training, I learned to know our body parts as a boy and a girl and how to control them. Another thing that chocked me a lot was the inequalities that girls and boys experience. In Burundian culture, our families tend to value the boy more than the girl, giving him a better chance to go to school. I understood that no one should be left out for a nation to develop.

Often witnessing violence against young girls, this young peer educator says he has learned to know all forms of violence and how to eradicate them. To this end, he is committed to raising awareness among his peers in the solidarity groups with the help of the local administration in the weekly.

He took the opportunity to indicate the need for didactic tools such as leaflets or videos to be posted on social media as they are of paramount importance.

**Mrs. Adelaïde Uwineza**, chief of the Kavumu neighborhood in the Kamenge Zone (Bujumbura city hall), says she feels privileged to have participated in this training as a member of the administration but especially as a mother.

> We have gaps in the education of our children, especially on sexual and reproductive health.

> I should be the first to talk with my daughter so that she has complete and clear information, but I have always been ashamed of this. Now I understand the relevance; if I don’t do it myself, others will do it for me and give her wrong information that could harm her.

With this training, **Ms. Uwineza** said she had a good opportunity to learn the best way to communicate with her children and to learn about youth-friendly health centers to collaborate with providers for the well-being of children. She said she is willing to sensitize other parents and youth to attend these health centers in the hope of having well-informed young people.

This can help reduce unwanted pregnancies in school and sexually transmitted infections in the surrounding community through healthy and responsible sexuality. Exchanges on lessons learned regarding gender-based sexual violence, sexual reproductive health and entrepreneurship, not forgetting the Covid-19 pandemic and adolescent nutrition concluded with a session to develop joint action plans of youth and adults for the remaining few months until December.
As the lead agency for interventions to prevent and respond to gender-based violence (GBV) in humanitarian settings, UNFPA - the United Nations Population Fund continues to build the capacity of service providers to ensure continuity of service delivery, even during the COVID-19 pandemic period.

Thus, from July 7 to 10, 2020, 20 operators of the 116, 109 and 113 hotlines were trained on the key elements of the management of cases of gender-based violence (GBV): Understanding the concepts of GBV; understanding the causes, consequences, factors and types of GBV cases; in-depth analysis of the referral system for GBV cases in general; understanding the important role green helpline managers must play and the effective coordination to be set up; sharing the updated mapping of service providers, the key elements of psychosocial first aid for survivors, including at a distance; refresher training on the principles that guide the assistance to GBV survivors.

After 4 days of training, OP1 Isidore Nyandwi indicated he realized that the reception of GBV victims through the green lines needs to be improved; the safety of the victims they interact with needs to be guaranteed. Indeed, the information they share must be treated confidentially and they must act with empathy and compassion while listening.

“To do so, we must encourage the actors, especially the Green Line Operators, to collaborate in assisting GBV survivors, and strengthen the referral system for them. This training was also an opportunity to get to know other green line operators and other actors in the GBV sector” OP1 Isidore Nyandwi.
With this training, Ms. Uwineza said she had a good opportunity to learn the best way to communicate with her children and to learn about youth-friendly health centers to collaborate with providers for the well-being of children. She said she is willing to sensitize other parents and youth to attend these health centers in the hope of having well-informed young people. This can help reduce unwanted pregnancies in school and sexually transmitted infections in the surrounding community through healthy and responsible sexuality. Exchanges on lessons learned regarding gender-based sexual violence, sexual reproductive health and entrepreneurship, not forgetting the Covid-19 pandemic and adolescent nutrition included with a session to develop joint action plans of youth and adults for the remaining few months until December 2020, taking into account the opportunities offered by the two-month student vacations.

In order for these green lines to be effective, he added that all the interveners must work in synergy in the response to GBV. A single partner cannot be effective and intervene everywhere. It is also necessary to build knowledge for an appropriate response and sensitize communities to ensure the ownership of the hotlines.

This training was also an opportunity to exchange experiences: working in synergy in the response and follow-up of GBV victims; raising awareness on COVID-19 and how to strengthen the referral system. The training also allowed green line managers to become familiar with the Prevention of Sexual Exploitation and Abuse and the role they should play. This was an excellent opportunity for Green Line managers to explore mechanisms to collaborate and complement each other to ensure that survivors of gender-based violence receive adequate assistance, particularly during COVID-19.

In the same vein, this technical capacity building was also provided on the one hand to 80 police officers and on the other hand to 60 psychosocial assistants. This was in order to help them provide services to GBV survivors, with consideration from COVID-19.

“Quarantine measures, once decided, could have an impact on the fight against GBV. GBV prevention and response services should decrease as resources will be directed towards the fight against Covid-19 and this could get worse. Hopefully, we won’t go that far,” warns Jacqueline Ndikumana of the Burundi Red Cross.

Very beneficial to the operators of the green lines, says Didier K Gahungu. It was an interesting training especially for the green line operators. Using the green lines is an asset in the fight against GBV. Indeed, it provides answers to GBV victims, dispels communities’ ignorance and fear, but in addition, the green lines allow for anonymity and confidentiality.
The 9th of August of each year is the International Day of the Indigenous People. In Burundi, the Ministry of National Solidarity, Human Rights and Gender in collaboration with UNFPA - the United Nations Population Fund, and other UN agencies, celebrated that event on Friday, August 28, 2020 in Nyabihanga commune of Mwaro province. The Batwa were honored as the indigenous people of Burundi. An opportunity to offer them a space where they can talk about their daily challenges and suggest solutions. This celebration was held under the theme:

**CELEBRATE THE INDIGENOUS PEOPLE, SO THAT NO ONE IS LEFT OUT.**

In an effort to leave no one behind, UNFPA took the opportunity to provide 300 people identified as the most vulnerable with dignity kits, soaps and jerry cans to enable them to adopt hygiene practices and to wash their hands regularly, especially during this period of Covid 19.

**COVID-19 AND THE RESILIENCE OF INDIGENOUS PEOPLE**

In an effort to leave no one behind, UNFPA took the opportunity to provide 300 people identified as the most vulnerable with dignity kits, soaps and jerry cans to enable them to adopt hygiene practices and to wash their hands regularly, especially during this period of Covid 19.

**Today is a great day for me and my community members because I didn’t know there was a day dedicated to us. There is reason to hope for a better tomorrow for us,**

Says a member of the Batwa community with great enthusiasm.

The Spokesperson of the Batwa took this opportunity to share the challenges faced by the Batwa, in particular their precarious financial situation and their difficulty in accessing basic services, including health, hygiene, education, housing, etc.
Preventive measures against the Covid 19 have also been taken by the Government itself for the Batwa, as she notified.

"Burundi has taken steps in the designing of social and economic development projects to facilitate the effective integration of the Batwa into Burundian society," said Minister Immelde Sabushimike.

They must be consulted whenever action is taken to better develop and empower them,

said Dr. Tiémoko.

Dr. Richmond Tiémoko who spoke on behalf of the United Nations System called for the inclusion and full participation of indigenous people on the development and implementation of Covid-19 prevention.

He also spoke about the challenges they are facing. He expressed hope for positive change now that the authorities are mobilized to celebrate them and advocate for the respect of their most basic rights.

1,020 young people from provinces of Ngozi, Kirundo, Makamba, Gitega, Rumonge, Mwaro and Bujumbura benefited from training on peaceful conflict resolution, non-violent communication, entrepreneurship, etc. This is thanks to the youth resilience project.

Supporting the resilience of youth in the face of socio-political conflicts in Burundi
financed by PBSO and implemented by UNFPA - United Nations Population Fund, which is the lead partner in a consortium with UNESCO and UNICEF for 18 months.

At the end of this project, young people who are community change agents met in a workshop from 16 to 17 September 2020 in Gitega Province to share the impact of this project on the personal aspect and community aspect. A workshop that saw the participation of communal administrators, Governors, Representatives of the Ministry of Youth and the Ministry of the Interior.

Annoncitate Nibarere from Kirundo province, Ntega commune, is one of these young leaders who changed her mentality thanks to this project. She testifies:

“Before, I was a worse person. I had a violent language because of the conditions in which I grew up, I am an orphan and I was always in land conflict with my brother. We didn’t speak to each other anymore, except for threats and insults. We were the worst enemies,”

she says.

it was only after she completed the training in non-violent communication that Annoncitate decided to bury her hatchet. Since then, she has been reconciled with her brother. Her brother shared with her that land their parents had left.

As for Delicia Nihorimbere, she is a young girl who, in the past, could not sit down with someone of the opposite ethnic group. She grew up in an environment that told her to be wary of it. But thanks to this project, she testifies that she felt transformed. Metamorphosed to the point where she is engaged to a young man from the opposite ethnic group.

Tangible results with young people

Espérance Iradukunda of the NGO COPED, which, among other NGOs, implemented this project, praises an initiative that led to the concrete result. She has noticed visible changes among the young beneficiaries.

“Today, these young people are able to sensitize others on prevention of ethnic or party-related disputes. They are in development associations, they cultivate together, they raise livestock together ... They are really united,”

says Ms. Iradukunda, delighted.

Now I am in perfect harmony with my brother and his wife”,

Annoncitate Nibarere.

Espérance Iradukunda making her presentation on the results of the project Youth Resilience in the face of socio-political conflicts.
This project, which has lasted 18 months since October 2018, had two main results, as indicated by Julien Ouedraogo, speaking on behalf of the UNFPA Representative: on the one hand, young girls and boys are resilient and contribute to reconciliation and violence prevention through a better perception of the past, and on the other hand, national institutions contribute to a constructive presentation of the past, to young girls and boys. The project targeted young victims of past conflicts living in conflict-affected areas.

For his part, the Minister in charge of Youth, Ambassador Ezéchiel Nibigira, stated in his speech that youth is truly the epicenter of development and is the cornerstone of it. He said the Government has made youth one of the six major national priorities.

After the sharing of these testimonies and the results of the project, it was a question of popularizing the resilience strategy of young people in the face of socio-political conflicts, on Friday, September 18, 2020. This strategy was prepared by UNFPA in partnership with the Ministry in charge of Youth and elaborated by the consultant Sylvestre Ntibantunganya, former president of the Republic of Burundi, who presented the document to these young community and local administrative agents of change. They took ownership of this book which will guide them in the effective promotion of youth resilience in the face of socio-political conflicts.

In Burundi, explains President Ntibantunganya, the generation that was not directly involved in the crises of the past is young (under 25 years old) and constitutes 2/3 of the population. For him, it is in this age group that vigorous action must be taken to make a definitive break with the cyclical violence that Burundi has experienced. For him, the success of this strategy for the community resilience of young people will depend above all on the awareness of Burundian youth of the various dangers to which they would be exposed if they do not manage to control the traumas. Moreover, for this consultant and former president of the republic, this strategy is not only aimed at young people. For the latter are not isolated elements in this country. They have parents, brothers. They are in a country that has governing institutions and other organizational frameworks.

“This study is for all of them, so that everyone can come together and see what they need to do to foster and promote resilience, resistance to the painful past in order to build a better future,” he says.
Discussions and questions ensued from this presentation, which allowed them to see even more clearly.

Let us specify that during these 3 days a match to strengthen social cohesion was organized between the participants as well as a concert at the end of these 3 days was organized with the theme:

**PEACE IS ALSO WITH THE YOUTH**

*Consultant Sylvestre Ntibantunganya, former president of the republic popularizing the resilience strategy for youth.*